
FATHER'S DAY SALE

Saturday, June 16th



Saturday, June 16
8:00 am - 8:00 pm
Ukiah Natural Foods Co-op
721 South State St., Ukiah

Take 15% off all beer

Crack a cold one open with Dad this Father's Day, with 15% off, there's no excuse to not!

OUR VISION

We envision a community in which everyone has access to healthy food, where Ukiah Natural Foods Co-op is a vital part of the local food system.

STAY IN TOUCH

Classes and events fill up quickly, so please RSVP today with Customer Service at 462-4778 or online at ukiahcoop.com.

TEACH A CLASS?

Interested in teaching a class? Email: outreach@ukiahcoop.com.

CANCELLATION POLICY

If cancellation is within 48 hours of class time, a credit toward future classes will be issued.

RSVP today with Customer Service at 462-4778 or online at ukiahcoop.com.

CO-OP CLASSES & EVENTS



Farmers Taste Test
FREE
In-Store Event

Veggie Burger
Bonanza Class
FREE EVENT

Perfect Pastry
At Last Class
\$5-members
\$10-nonmembers

Father's Day Sale
15% off all beer

CALENDAR

JUNE

FARMER TASTE TEST

Free In-Store Event



Tuesday, June 5th
3:30 pm - 6:30 pm
FREE In-Store Event
Ukiah Natural Foods Co-op
721 South State St., Ukiah

Visit with a local farmer
& have a tasty sample!

RSVP today with Customer Service at
462-4778 or online at ukiahcoop.com.

PERFECT PASTRY AT LAST

*Chef Win Stiles teaches you how to make the
perfect pastry crust every single time.*



Wednesday, June 13th
6:00 pm - 7:30 pm
\$5 members, \$10 nonmembers
Ukiah Natural Foods Co-op Annex
749 C. South State St., Ukiah

Join chef win stiles as he takes the
mystery out of making traditional
pie crust. He'll cover the science
and techniques, providing partici-
pants the knowledge and tricks to
create flawless pie crust predict-
ably and easily every time.

VEGGIE BURGER BONANZA CLASS

Free class!



Tuesday, June 19th
12:00pm-1:00pm
FREE CLASS
Free class held at Adventist
Health, Ukiah

The world of veggie burgers can
be confusing – what's in them, can
they be grilled, and how can you
make them at home?

This class will demonstrate three
burgers made with easy to find,
healthy ingredients. Just in time
for summer!