
**20% OFF ALL
LIQUOR!**



**Friday, December 14
All Day!**

Includes wine, beer,
sparkling, hard cider & sake

**Board of Directors Meeting
Monday, Dec. 17 6:00pm
Ukiah Natural Foods Co-op Annex
749 C. South State St, Ukiah**

All member-owners are invited to attend. For a copy of the meeting agenda, go to ukiah.com or look on the event board on the day of the meeting.

OUR VISION

*We envision a community
in which everyone has access
to healthy food, where
Ukiah Natural Foods Co-op is a
vital part of the local food system.*

STAY IN TOUCH

Classes and events fill up quickly,
so please RSVP today with
Customer Service at 462-4778 or
online at ukiahcoop.com.

TEACH A CLASS?

Interested in teaching a class?
Email: outreach@ukiahcoop.com.

CANCELLATION POLICY

If cancellation is within 48 hours
of class time, a credit toward
future classes will be issued.

**CO-OP
CLASSES & EVENTS**



**20% Off Health &
Beauty & Wellness
Saturday, Dec. 8**

**Know Your Farmer,
Know Your Food
Tuesday, Dec. 11
3:30pm - 6:00pm**

**Chocolate Taste Test
Wednesday, Dec. 12
3:30pm - 5:30pm**

**20% Off All Liquor
Friday, Dec. 14**

**Board of Directors
Meeting
Monday, Dec. 17
6:00pm**

**DECEMBER
CALENDAR**

KNOW YOUR FARMER, KNOW YOUR FOOD

Free In-Store Event



Tuesday, December 11
3:30pm - 6:00pm
FREE In-Store Event
Ukiah Natural Foods Co-op
721 South State St., Ukiah

As part of creating a thriving community where everyone has access to healthy food, the Co-op hosts local farmers every month to engage with community members like you. Meet a local farmer and sample food fresh from the farm.

20% OFF HEALTH & BEAUTY & WELLNESS



Saturday, December 8
All Day!

STORE HOLIDAY HOURS

SUNDAY DEC. 2

STAFF PARTY Store Open Until 6:00pm

MONDAY, DEC. 24

CHRISTMAS EVE Store Open Until 5:00pm

TUESDAY, DEC. 25

CHRISTMAS EVE Store Closed

CHOCOLATE TASTE TEST

Free In-Store Event



Wednesday, December 12
3:30pm - 5:30pm
FREE In-store Event
Ukiah Natural Foods Co-op
721 South State St., Ukiah

Take a moment during the busy month of December to stop and taste some of our favorite chocolate treats, paired with locally roasted coffee. Free and available while you shop right here at the Co-op!

*Shop Locally
for the
Holidays!*