

January

2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|--|
| | | | 1 Chicken Cordon Blue Casserole Roasted potatoes <i>Stuffed portobello mushrooms</i> | 2 Chicken Cordon Blue Casserole Roasted potatoes <i>Stuffed portobello mushrooms</i> | 3 BB-Q Boneless Pork Shoulder Braised Greens <i>Butternut Squash & Kale Hash</i> | 4 BB-Q Boneless Pork Shoulder Braised Greens <i>Butternut Squash & Kale Hash</i> |
| 5 Sweet & Sour Turkey Meatballs Sweet & sour Black bean Balls <i>Rice & Spicy Bok Choy</i> | 6 Sweet & Sour Turkey Meatballs Sweet & sour Black bean Balls <i>Rice & Spicy Bok Choy</i> | 7 Carnitas Bar Grilled Peppers & Onions <i>Rice & beans</i> | 8 Carnitas Bar Grilled Peppers & Onions <i>Rice & beans</i> | 9 Braised Beef Roasted potatoes & Root veggies <i>Portobello & white bean Casserole</i> | 10 Braised Beef Roasted potatoes & Root veggies <i>Portobello & white bean Casserole</i> | 11 Shrimp Etouffee Tempe Etouffee <i>Veggie Dirty rice</i> |
| 12 Shrimp Etouffee Tempe Etouffee <i>Veggie Dirty rice</i> | 13 Lemon & Thyme Grilled Chicken Mashed Potatoes <i>Quinoa & Veg. stuffed Peppers</i> | 14 Lemon & Thyme Grilled Chicken Mashed Potatoes <i>Quinoa & Veg. stuffed Peppers</i> | 15 Thai Red Curry Chicken Glass noodle & veggies <i>Thai Red Curry Vegetables</i> | 16 Thai Red Curry Chicken Glass noodle & veggies <i>Thai Red Curry Vegetables</i> | 17 Grilled Tri-Tip with Chimichurri Roasted Potatoes <i>Roasted cauliflower with Chimichurri</i> | 18 Grilled Tri-Tip with Chimichurri Roasted Potatoes <i>Roasted cauliflower with Chimichurri</i> |
| 19 Korean BB-Q Chicken Cilantro Rice <i>Garlic Stir-fry Vegetables</i> | 20 Korean BB-Q Chicken Cilantro Rice <i>Garlic Stir-fry Vegetables</i> | 21 Chicken Enchilada Pinto beans & rice <i>Potato Enchilada</i> | 22 Chicken Enchilada Pinto beans & rice <i>Potato Enchilada</i> | 23 Chicken Pot Pie Seasonal veggies <i>Portobello Pot Pie</i> | 24 Chicken Pot Pie Seasonal veggies <i>Portobello Pot Pie</i> | 25 Beef Lasagna <i>Veggie lasagna with bechamel sauce</i> |
| 26 Beef Lasagna <i>Veggie lasagna with bechamel sauce</i> | 27 Chicken masala Yellow Rice <i>Chickpea Curry</i> | 28 Chicken masala Yellow Rice <i>Chickpea Curry</i> | 29 Beef Adobo Green Onion Rice <i>Veggie Adobo</i> | 30 Beef Adobo Green Onion Rice <i>Veggie Adobo</i> | 31 Chicken Cacciatore Buttered Noodles <i>Portobello Putanesca</i> | Feb 1 Chicken Cacciatore Buttered Noodles <i>Portobello Putanesca</i> |